



European Wushu Friendship Association

欧洲中国武术友好交流协会

2020 International ONLINE Wushu Open Competition

Rules & Regulation

1) Date

2020 International ONLINE Wushu Open Competition will be held ONLINE 8th -9th August 2020 and will be broadcast EWFA YouTube and Facebook channels.

2) Entry fees

- 1) GBP/British Pounds
 - 1 form £5
 - 2 forms £8
 - 3 forms £10
- 2) EUR/euro
 - 1 form €7
 - 2 forms €10
 - 3 forms €13
- 3) USD/US Dollar
 - 1 form \$8
 - 2 forms \$11
 - 3 forms \$14

Fees are payable by no later than 1st Aug 2020. Accepted payment method is PayPal: hello@euwushu.com

3) How to Enter

Application forms can be found at the end of this document

- a) Preliminary Entry should be sent before 18th July 2020 to the Organizing Committee of EWFA by email (hello@euwushu.com), stating clearly
 - Full name of athlete
 - Country of athlete
 - Club of athlete
 - Categories
 - At this stage, no video entries are required
- b) Final Entry should be sent by no later then 1st August 2020, 23:59 UK time to the Organizing Committee of EWFA by email (hello@euwushu.com), stating clearly
 - Full name of athlete
 - Country of athlete
 - Club of athlete
 - Categories
 - Video recording of the forms (rules below)



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- c) No changes or additional entries will be accepted after the closing date. In exceptional cases changes might be allowed at the sole discretion of the decision of the Competition Director but no change whatsoever shall be allowed after the draw-lots. All entries must be properly typed or printed in English

4) Requirements for Performance Area

- 1) The size not exceeding the area 3meter x 6meter
- 2) The performance area should be marked on the floor before recording (with chalk, plaster, strips of paper stuck on the floor etc). The site borders must be visible to the judges when viewing the routine.
- 3) The video can be shot both outdoors and indoors, without violating the local Rules and Laws of self-isolation, within the rules established in the region of the athlete.
- 4) The surface of the performance area can be on flat ground, lawn, wooden flooring, ceramic tiles, concrete floor, smooth stone floor. *No training carpet or soft floor allowed.* The presence of foreign objects in the background is allowed if they do not affect the performance of technical actions.
- 5) The lighting conditions should be sufficient for the judges to distinguish all phases of movement. If the light level is low, the record is rejected, and the athlete is with-drawn from the competition.

5) Requirement for the Athlete

- 1) When performing the routine, the athlete must be dressed in adequate wushu performing uniform, either silk or shaolin style.
- 2) Before the beginning of the routine the athlete, facing the camera, performs the salute distinctly calling his/her first and last name, age and country. After the end of the routine the athlete should perform the salute again.
- 3) The video file must be named as follows:
 1. Athletes Country
 2. Athlete's Team
 3. Athlete Name
 4. Age and Date of Birth
 5. Example: UK_ChinaSpirit_JohnSmith_18-35

6) Requirements for the Video

- 1) The recording of the participant's routine must be made on a smartphone/video camera/camera in Full HD 1920 X 1080 mp4 format with a frequency of 25 or 50 frames per second, with sound.
- 2) The athlete has to fit into the frame as a whole. Cropping/dropping out of the frame of hands and feet is not allowed.
- 3) Acceleration, using of video effects and video editing are not allowed
- 4) The recording device must be held horizontally.
- 5) The recording device must be held at the level of the head of the person recording while sitting on the chair (the position of the judge)
- 6) There should be no accompanying music including TaijiQuan and TaijiQiXie events



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7) Competition Method

- 1) Each competitor may at most enter 3 individual events: one barehand event, one short weapon event and one long weapon event.
- 2) One Taijiquan and Neijiaquan competitor may at most enter 3 competition events selected from and not exceeding 2 barehanded routine, 1 weapon routine or 1 barehand routine, 2 weapon routines.
- 3) Awarding:
 1. Online awarding will be after each event has finished. Certificates will be e-mailed and/or if requested sent by post with original signatures and stamped.
 2. 6 or more competitors in one category: 3 medals are awarded
 3. 5 competitors in one category: 1st and 2nd place are awarded
 4. 4 competitors in one category: 1st place is awarded

8) Scoring Methods

- 1) Judges course will be held ONLINE on 2nd August 2020. All judges must participate in the Online Judges Course.
- 2) The jury shall be composed of a head judge and four judges responsible for evaluating both the quality of movements and overall performance.
- 3) The full score for each event shall be ten (10) points.
- 4) Final scores will be published both on EWFA Facebook page and website, www.euwushu.com
- 5) Judges put their scores independently based on their judging of video records posted on EWFA page in Facebook in the order determined by a random draw
- 6) Modern Taolu scoring without level of difficulty (nandu) (难度) shall be used. That means that there shall be no «C» group judging. An athlete can include the difficulty level in their routines but no score shall be produced for difficulty level.
- 7) There should be no deductions for the lack of shouts in NanQuan, NanDao, NanGun.

9) Competition Events

There are only **Chinese Martial Arts forms** can be entered to this competition.

Timing for events:

- TaijiQuan, TaijiQiXie, NeijiaQuan, NeijiaQiXie: 1.5 – 2minutes
- For under 8 yrs no time limit
- Quanshu, Daoshu, Jianshu, Gunshu and Qiangshu
 - ◆ Modern Forms: 35 – 45 seconds
 - ◆ Traditional Forms: 35 - 50 seconds

Events cannot exceed these time limits



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List of Routines

- 1) Quanshu/Hand form
- 2) Daoshu/Broad sword
- 3) Jianshu/Straight sword
- 4) Gunshu/Stick (staff)
- 5) Qiangshu/Spear
- 6) TaijiQuan/Tai Ji Hand form
- 7) TaijiQiXie/Tai Ji Weapon
- 8) NeijiaQuan/Internal Hand form
- 9) NeijiaQiXie/Internal Weapon

When sending your registration please specify the name of the form. Registration form attached at the end of this document

Example: TaijiQuan – Yang Style 24 steps
 Quanshu – Lian Huan Quan
 NeijiaQiXie – Bagua Dao

10) Age Categories

Age will be determined as per age on the 1st day of the competition, 8th August 2020.

- 1) 8 yrs and under
- 2) 9 – 11 yrs
- 3) 12 – 14 yrs
- 4) 15 – 17 yrs
- 5) 18 – 35 yrs
- 6) 36 – 55 yrs
- 7) 56 – 70 yrs
- 8) 71 yrs +

The content for the online routine should be based on the content of the normal competition routine using the required elements specified in this Rules below.

11) General Routines Content Requirement

- Routines are optional; athletes needs to design their own forms, but it has to be based on the original routine, so it is recognizable.



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12) Modern Taolu Routines Content Requirements

ChangQuan routine

- It shall contain at least three hand shapes/forms comprising of Quán(Fist), Zhǎng(Palm), and GōuShǒu(Hook)
- Two techniques employing a fist, two techniques employing a palm, one offensive elbow technique, three stances (one of which must be Xū Bù[empty stance])
- At least two leg techniques with the leg straight, flexion to extension, at least one jump technique with rotation and landing to a fixed position (not necessary for Children under 11)
- At least one long time balance (at least 3 seconds) (not necessary for Children under 11)

NanQuan routine

- It shall contain at least one hand form of Hǔ Zhǎo(Tiger's Claw), two fist techniques comprising of Guà Gài Quán(Hanging & Covering Fist), Pāo Quán(Tossing Punch), one bridge technique (Qiáo Fǎ) of Gǔn Qiáo Rolling Bridge)
- Three stances (one of which must be Xubu(empty stance)), one footwork technique comprising of Qílín Bù(Kirin Steps)
- One leg technique comprising of Héng Dīng Tuǐ(Horizontal Nail Kick) (not necessary for Children under 11)
- At least one jump technique with rotation and landing to a fixed position (not necessary for Children under 11)

NanDao routine

- It shall contain at least five techniques out of the following: Chán Tóu(Broadsword Twining), Guǒ Nǎo (Wrapping with the Broadsword), Pī Dāo(Broadsword Chop), Mǒ Dāo(Broadsword Slicing), Gé Dāo (Broadsword Parry), Jié Dāo(Broadsword Intercept), Sǎo Dāo(Broadsword Sweeping), Jiǎn Wàn Huā Dāo(Broadsword Figure 8)
- Three stances (one of which must be Xū Bù (empty stance))
- At least one jump technique with rotation and landing to a fixed position (not necessary for Children under 11)

NanGun routine

- It shall contain at least four techniques out of the following: Pī Gùn (Cudgel Chop), Bēng Gùn (Cudgel Tilt), Jiǎo Gùn (Cudgel Enveloping), Gǔn Yā Gùn (Cudgel Rolling Press), Gé Gùn (Cudgel Parry), Jī Gùn (Horizontal Cudgel Strike), Dīng Gùn (Cudgel Handle Planting), Pāo Gùn (Upward Cudgel Strike)
- Three stances (one of which must be Xū Bù (empty stance))
- At least one jump technique with rotation and landing to a fixed position (not necessary for Children under 11)



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Daoshu routine

- It shall contain at least five techniques out of the following: Chán Tóu (Broadsword Twining), Guǒ Nǎo (Wrapping with the Broadsword), Pī Dāo (Broadsword Chop), Zhā Dāo (Broadsword Thrust), Zhǎn Dāo (Broadsword Hack), Guà Dāo (Broadsword Hooking Parry), Yún Dāo (Broadsword Cloud Waving), Bèi Huā Dāo (Broadsword Wrist Figure 8 Behind the Back)
- Three stances (one of which must be Xū Bù (empty stance))
- At least one jump technique with rotation and landing to a fixed position (not necessary for Children under 11)

Jianshu routine

- It shall contain at least five techniques out of the following: Cì Jiàn (Straight Sword Thrust), Guà Jiàn (Straight Sword Hooking Parry), Liāo Jiàn (Straight Sword Uppercut), Diǎn Jiàn (Straight Sword Pointing), Pī Jiàn (Straight Sword Chop), Bēng Jiàn (Upward Sword Tilt), Jié Jiàn (Straight Sword Intercept), Jiǎn Wàn Huā (Straight Sword Figure "8")
- Three stances (one of which must be Xū Bù (empty stance))
- At least one jump technique with rotation and landing to a fixed position (not necessary for Children under 11)
- At least one long time balance (at least 3 seconds) (not necessary for Children under 11)

Gunshu routine

- It shall contain at least four techniques out of the following: Píng Lūn Gùn (Horizontal Cudgel Windmill Wave), Pī Gùn (Cudgel Chop), Yún Gùn (Cudgel Cloud Waving), Bēng Gùn (Cudgel Tilt), Jiǎo Gùn (Cudgel Enveloping), Chuō Gùn (Cudgel Poke), Lì Wǔ Huā Gùn (Vertical Figure 8 with the Cudgel), Shuāng Shǒu Tí Liāo Huā Gùn (Two-handed Vertical Cudgel Uppercut)
- Three stances (one of which must be Xū Bù (empty stance))
- At least one jump technique with rotation and landing to a fixed position (not necessary for Children under 11)

Qiangshu routine

- It shall contain at least four techniques out of the following: Lán Qiāng (Outward Blocking with the Spear), Ná Qiāng (Inward Blocking with the Spear), Zhā Qiāng (Spear Thrust), Chuān Qiāng (Spear Piece), Bēng Qiāng (Spear Tilt), Diǎn Qiāng (Spear Pointing), Lì Wǔ Huā Qiāng (Vertical Figure "8" with the Spear), Tiāo Bǎ (Upwards Handle Strike)
- Three stances (one of which must be Xū Bù (empty stance))
- At least one jump technique with rotation and landing to a fixed position (not necessary for Children under 11)
- A set of three continuous connected Lán Qiāng (Outward Blocking with the Spear), Ná Qiāng (Inward Blocking with the Spear), Zhā Qiāng (Spear Thrust) combinations



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13) Taiji Routine Requirements

TaijiQuan routine

- It shall contain at least four techniques out of the following: Lǎn Què Wěi (Grasp the Peacock's Tail), Zuǒ Yòu Yě Mǎ Fēn Zōng (Part the Wild Horse's Mane to the Left and Right), Zuǒ Yòu Lōu Xī Ào Bù (Brush Knee with Bent Step to the Left and Right), Yún Shǒu (Cloud Hands Wave), Chuān Suō (Work the Shuttle), Yǎn Shǒu Gōng Chuí (Strike with Concealed Fist), Zuǒ Yòu Dào Juǎn Gōng (Retreat with Arms Curling to the Left and Right), Bān Lán Chuí (Deflect, Parry and Punch)
- At least two stances, at least one leg technique, at least one balance technique (not necessary for Children under 11)

Taijilian routine

- It shall contain at least four techniques out of the following: Cì Jiàn (Straight Sword Thrust), Zuǒ Yòu Guà Jiàn (Straight Sword Hooking Parry to the Left and Right), Liāo Jiàn (Straight Sword Uppercut), Diǎn Jiàn (Straight Sword Pointing), Pī Jiàn (Straight Sword Chop), Jié Jiàn (Straight Sword Intercept), Mǒ Jiàn (Straight Sword Slicing), Jiǎo Jiàn (Straight Sword Enveloping)
- At least two stances, at least one leg technique, at least one balance technique (not necessary for Children under 11)

14) Competition Management

Chief Referee and Competition Director: Master Xingbo Liu, 6th Duan CWDS

Head Judge: Shi Yan Gui, Head of Shaolin Temple Cultural Centre, London

15) Copyright Policy

By entering this event all participants accept and abide by this rule as a condition of their attendance:

All material associated with the 2020 International Online Wushu Open Championships (whether used or not) remains the property of the European Wushu Friendship Association. This equally applies to all media rights and photographs and videos or any other form of reproduction whether digital or otherwise howsoever reproduced at the time of the event whether used then or at any later date and shall remain the property of the European Wushu Friendship Association for its sole use for any purpose it may decide at its discretion.

16) Membership to EWFA

All partaker of this competition will be automatically become a member of European Wushu Friendship Association. Membership rules and benefits are on our website www.euwushu.com

All medal holders of this event may be invited to visit European or Chinese Clubs, who are members of EWFA; their travel and accommodation will be fully paid by EWFA.



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Application Form for Teams

Please use Block Capital letters

Country		Team		Team Coach	
E-Mail:			WeChat ID:	Mobile no: (with country code)	
	<u>Name</u>	<u>Age</u> On 8 th Aug 2020	<u>Category 1</u>	<u>Category 2</u>	<u>Category 3</u>
1					
2					
3					
4					
5					
6					
7					
8					
9					
1 0					
1 1					
1 2					



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Application Form for Individuals

Please use Block Capital letters

Last Name	First Name	Country
E-Mail:	WeChat ID:	Mobile no: (with country code)
Address:		
1 st Category	2 nd Category	3 rd Category